

THE DIRT FROM DAHLIA HILL

Fall, 2021







Celebrate the Dahlia Hill Autumn Equinox with Us!

Please join us for the 2021 Autumn Equinox Celebration at Dahlia Hill from 2:00 to 4:00 pm, September 19th. The Dahlia blossoms are gorgeous and can be seen daily as we hold activities throughout September. Bring your friends, aunts, uncles and the kids, too.

On Sunday September 19, there will be music by Twilight Strums, a country folk quartet. Refreshments will include bottled water and cookies. Local vendors will sell products with images from or inspired by our dahlia blooms and we will have new products for our "View Dahlias Clearly" program. Magnifiers, binocular spectacles and special sunglasses will increase access to the blooms for visitors with low vision and limited mobility. Additional dates will partner with Neighboring Week, September 27 - October 3.

Other activities include; mini tours to discover behind the scene activities to see how we grow dahlias, yoga among the Dahlias provided by MyoYin Yoga (see page 2), and on September 15, the second annual Dahlia Hill Photography Contest will open (see page 3).

The good news is that The Equinox is outside so you can enjoy these beautiful flowers in the fresh air of Dahlia Hill.

We are easy to find in Midland. Just use the address at the bottom of this page. We can't wait to welcome you!

Mark Your Calendar for Dahlia Hill Autumn Equinox Activities

<u>Dahlia Hill Mini Tours:</u> 10:30 am: Mondays, Wednesdays, Fridays and Saturdays

1:30 pm: Tuesdays, Thursdays, Saturdays and Sundays

Yoga: September 16, 6 -7 pm, September 23, 6 -7:30 pm

Music: September 19, 2 - 4 pm Music by Twilight Strums

View Dahlias Clearly: September 19, 2 - 4pm.

Photography Contest: September 15 - October 15

Contact Us: Dahlia Hill Society of Midland, c/o Peggy Kernstock, 2809 Orchard Drive, Midland, MI 48640 (989) 631-0100 dahlia.hill.society@gmail.com

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Dahlia Hill promoted Neighboring Week by hosting this travelling mural among the Dahlias.

MyoYin Yoga at Dahlia Hill

Enjoy the beauty of Dahlia Hill during peak bloom with relaxing yoga classes. Come early to peruse the blossoms, then settle in for a relaxing and mellow outdoor yoga practice.

Dates are: <u>September 16, from 6 -7 pm \$10</u> (\$9 with class pass)

<u>September 23, 6</u> -7:30 pm \$18; fundraiser for Dahlia Hill Society

MyoYin Yoga blends the practices of yin yoga stillness with soothing self-massage and myofascial release. This combination is intended to help increase flexibility, reduce muscle tension, find freedom in your fascia and help you feel more relaxed and at ease in both body and mind.

Register at: <u>sarahnelsonyoga.com/classes.</u>



Neighboring Week September 27th – October 3rd

Dahlia Hill helped kick-off Midland's community Neighboring Week by hosting the "Let's Root" traveling mural. This project was initiated and supported by the Cultural Awareness Coalition with support from 16 organizations.

"We firmly believe that inclusive neighboring is necessary if we are to be continually working towards building an inclusive community. We are excited for the mural project to serve as a catalyst in the discussion and curiosity of what it means to be an inclusive neighbor."

View Dahlias Clearly: New Tools for Those with Low Vision and/or Mobility Issues

A wonderful donation from the Midland Lions Club is providing Dahlia Hill Society visitors the opportunity to see dahlias in new and different ways.

We have purchased a variety of magnification devices for visitors to see Dahlia blooms with greater clarity and in delightful detail. This program is designed to provide support to visitors with low vision, limited mobility, and for ALL visitors who want to explore the intricate details of a Dahlia flower. There are also sunglasses with different colored tints providing increased depth perception when viewing the garden. Binocular spectacles will be available for visitors with limited mobility to view the dahlias from the bottom of the garden. These devices will be available during the Equinox celebration along with information for accessing them during other visits.

Thank you Midland Lions Club!



Dahlia Hill's 2nd Annual Photo Contest Opens September 15!

Calling all photographers! The Second Annual Photo Contest will begin on September 15, with entries due by October 15.

Photos can feature any aspect of Dahlia Hill's unique garden and will be judged on visual impact and the ability to attract visitors to Dahlia Hill.

Contest details will be posted on our media sites: Facebook and Instagram. Information can also be found by emailing us at : dahliahill.photocontest@gmail.com.



2020 winning entry, Edited category by Becky Soubeyrand.

Memorial Circle Adds Monuments

Two new monuments have been added to the Memorial Circle at Dahlia Hill thanks to Dave Vallette at General Machine Services in Saginaw. Dave created and donated the monuments. He has constructed many of the signs and sculptures for Dahlia Hill over the years.

Memorial Circle is a place for those who have passed to be remembered at Dahlia Hill.





2020 winning entry, Unedited category, by Sandy Way

GREEN SPACES IMPROVE A SENSE OF COMMUNITY: Dahlia Hill Society's garden is a wonderful green space in our community

Having a sense of community is important for our health and well-being. Research has shown gardens, trees, and green spaces bring people together in a People tend to walk more in positive way. these spaces, which can help combat feelings of loneliness. Nature-based environments promote lower concentrations of cortisol, lower pulse rate, lower blood pressure, greater parasympathetic nerve activity, and lower sympathetic nerve activity. healthier, happier community is a benefit to us all.



Dahlia Hill is a Greenspace that can promote a healthier community.

Thank You Midland Area Community Foundation

We are excited to share that The Dahlia Hill Society of Midland has been approved for a generous grant from the Midland Area Community Foundation to help us build our new website. The Midland Area Community Foundation provides philanthropic leadership to strengthen our community by fostering collaboration and giving today and in the future. This grant will enable us to continue to enrich our community by increasing access to and participation in Dahlia Hill Societies' activities.

Our grant request commits us to securing \$2,200 from community fundraising efforts. Can you help?

Having a website is an essential tool to keep the community updated on our efforts and to better meet our mission. Please support our effort by making a gift today. To donate please mail a check to the Dahlia Hill Society of Midland, c/o Peggy Kernstock, 2809 Orchard Drive, Midland, MI or simply call 989-631-0100 and we can process your donation over the phone during business hours.

Thanks so much for your support.

The Dahlia Hill mission:

To maintain the Dahlia Hill garden for perpetuity to encourage and promote public interest in Dahlias; to educate and disseminate information to the general public on methods of growing, displaying and showing dahlias.

Thank you member volunteers!

When you visit and enjoy Dahlia Hill, please think about the following people who make sure the Hill is weeded, flowers staked, tubers planted and stored and a number of other activities that make this public garden an asset for the Midland Community.

Sandra Austin- Buda	Bob Dostal	Elizabeth Kas- tanya	Loren Metcalf	Don Smith
	Dan and Marcia		Brian & Karen Ellen Mills	Mark Smith
Barb and Lloyd Bailey	Draves	Jay & Karen Ketover	Michael Mirto	Marilyn Soules
Rudy Barron	Mary Jean & Steven	Elizabeth Haibel	Lindy Morley	Sheri Tausk
Karin Bartling	Eberbach	Klohn	Mary Jo Peters	Jack & Jeanne Telfer
Joanie Boulton	Kathy Gaffke	Barbara Kozubal	Rosemarie Peterson	Karen Thurlow
Crisann Breed	Jennifer Gay		Cheryl Phillips	Cheryl Weeks-Rosten
Jeanne Calkins	Marilyn Greene	Bill Krueger	, ,	•
Julie Chamber- lain	Terra Gumari	Anita Lawnichak	Sue Pickvet	Jen Wentworth
	Pam Hall	Sarah Legacy	Neli Ragina	Susan Wiersma
Cheryl Cronkright		Diane Maxson Karen Lee McArdle	Ashley Rychwa	Thank you all for the time and love invested in making Dahlia Hill beautiful. We couldn't do it without you!
	Lori & Thad Hallberg		Ron Sexton	
Doreen Dagenais	Mic Hamas		Damia o Lavia	
	Diana & John Holmes		Bernie & Louise Skowronski	
Cheryl Dean				

At Dahlia Hill, we do not use insecticides. That is why, when you visit you will also see butterflies, bees, dragonflies, and predator wasps among other pollinators.